

GovEQuest™

-Delivering GovernmentEQ™ Training-

GovEQuest represents the governmental application brand of DGM's Emotional Intelligence training and coaching. Because we fervently believe "***Emotions drive people and people drive performance***" *GovEQuest* delivers emotional intelligence training to select governmental agencies in order to maximize effort toward peak performance.

So what is Emotional Intelligence (EQ)? Simply put, it is ***consciously choosing thoughts, feelings, and actions to get optimal results in your behavior and with others.*** *Emotional Intelligence can also be thought of as the effective integration of our thinking brain with our emotional brain leading to wiser actions!*

GovEQuest targets performance optimization in the following governmental sectors:

- Homeland Security
- Central Intelligence Agency
- Federal Bureau of Investigation
- Secret Service
- State and local Police and Fire Departments

GovEQuest is ***NOT*** a new and improved version of standard training practices. We do not provide reactive skill training or pre-emptive intervention skills emphasizing traditional behavioral and predictive intelligence. We bring together the unique aspects of existing training methods with the effective elements of emotional intelligence training. In delivering emotional intelligence training, we help those that operate and exist in ***high stress work environments***, deal with the intense and dissatisfactory emotions resulting from constant exposure to negative occupational related anxiety and strain. These individuals are ***subject to stresses beyond the range of usual human experience***. Without effective understanding, training, and tools to help mitigate the acute and chronic stressors inherent in high stress occupations these employees are subject to a significant burdens on their physical and psychological health.

We have turned the page – heightened security measures operate in all elements of society – in our malls, airports, schools, stadiums, transportation routes, to our boarders, the need to act with ***emotional intelligence*** (EQ) is more acute now than ever. When perceived “disrespect” leads to an instantaneous choice of violence – we need to learn how to access and develop our individual and collective EQ!

Law enforcement and security agencies ***do not have the luxury of making mistakes***. They are faced with greater scrutiny and accountability for their actions, yet they are asked to ***curb violence*** and ***provide protection*** in ever increasing danger. Reduced

effectiveness and efficiency can and often does ***compromise performance, jeopardize public safety and pose significant liability costs to their respective organizations.*** They need to not only access EQ, they need to rehearse with EQ!

The law enforcement and security workforce must lead the way for public observation of wisdom in deed, acumen of judgment, and coolness in time of disorder. Emotional intelligence training provides the general public with highly trained officers and agents who can meet the rigors of the job with the calm and confidence that supplements and transcends existing physical and mental training. The men and women called upon to serve and protect must develop successful methods in handling the emotions and feelings. ***Stuffing, hiding and mentally blocking emotions is not a successful or intelligent strategy.*** It leads to physical, mental, and relationship disorder. *Studies indicate family relationships among law enforcement officers often are severely impacted by job-related stresses.* Therefore, relationships at work and home are subject to devastation while ***ongoing pressures help create distraction, inattention, and sub-par job performance.***

We have had the honor and privilege to bring Emotional Intelligence training to our armed forces through the distinctive auspices of the ***U.S. Marine and U.S. Navy Chaplain Corps.*** Through their experiences we have heard how EQ is needed on the front lines *especially in times of stress and potential chaos.*

At *GovEQuest* we present the most meaningful and impactful concepts of Emotional Intelligence and Personality/Temperament definition supported by our customized D.I.S.C., EQ, and T.W.I.S.T.™ models. Our sessions support your organization by focusing on the individual:

- We introduce the most advanced paradigms that reveal unrealized potential for individual change;
- We offer each participating leader an opportunity for personal growth by discovering and broadening their self-awareness and self-truths;
- We open the doorway to a new perspective and understanding of personal relationships;
- We enrich each leader with workable tools that enhance collaboration and build TRUST in personal and business relationships.

So, whether it is the men and women that form our Homeland Security, CIA, FBI, our state, county, or city law enforcement or any other security or protective service, emotional intelligence training is not luxury, it is a necessity.